



PATIENT GUIDE · REVISED JULY 2026

The Great Physician Guide to **Regenerative Medicine**

Wise, well-informed decisions,
backed by honest evidence and
transparent pricing.



A practice built on **trust**, not billing codes.

Great Physician Regenerative Medicine is a physician-directed, direct-pay practice that provides concierge-level, personalized care.

Because most regenerative treatments are not covered by medical insurance, we provide transparent, straightforward pricing rather than billing insurance. This lets us spend more time with each patient, develop an individualized treatment plan, and focus on the care we believe is in your best interest.

Our goal is simple: thoughtful, individualized medical care with transparent pricing, generous physician time, and no unexpected bills.

Core Treatment Options

The **Great Physician price is in green**; the typical U.S. price is shown below it.

Platelet-Rich Plasma (PRP)

\$700-1,000

Typical U.S. \$700-2,000

Concentrated growth factors from your own blood, placed where your body needs to repair. Best for osteoarthritis, tendons, and ligaments.

Evidence ●●●●●

ROI ●●●●●

1-4 visits

Prolotherapy

\$200-500

Typical U.S. \$300-1,000

A dextrose-solution injection that prompts your body to strengthen loose or worn ligaments. Effective across joints.

Evidence ●●●●●

ROI ●●●●●

2-6 visits

Focused Sound Wave Therapy

\$100-300

Typical U.S. \$300-700

Acoustic waves that stimulate growth factors in tendons and ligaments. No needles, no downtime.

Evidence ●●●●●

ROI ●●●●●

4-8 visits

Red & Near-Infrared Light

\$25/session

Typical U.S. \$30-100

Light therapy supporting recovery in joints, tendons, ligaments, and muscle. Adjunct to procedures.

Evidence ●●●●●

ROI ●●●●●

8-20 visits

Initial Consultation

\$100 / \$200

Typical U.S. \$200-500/hr

New-patient evaluation and personalized treatment planning. 30 minutes: \$100 · 60 minutes: \$200.

ROI ●●●●●

1 visit

Lifestyle Foundations

Included

Sleep · Exercise · Weight

Sleep optimization, exercise prescription, and weight reduction, included with care and often the highest-return therapies of all.

Evidence ●●●●●

ROI ●●●●●

Ongoing

Patient ROI: expected benefit relative to cost, invasiveness, safety, recovery, convenience, and durability.

Great Physician Regenerative Medicine | Educational information; individualized recommendations require clinical evaluation.

The Great Physician Promise

We will recommend the treatment we believe offers you the greatest expected benefit, not the treatment that generates the greatest revenue.

Emerging & Adjunctive Therapies

Several additional therapies are available across the U.S. Some show promising early evidence; others remain investigational or are best used selectively. Where evidence was limited or conflicting, we intentionally adopted the more conservative interpretation.

Advanced Biologics

Treatment	Evidence	ROI	Our View	Typical U.S. Fee	GP Fee	Best Candidates
PRP + Hyaluronic Acid	●●●●●	●●●●●	●●●●●	\$1,000–3,000	<i>Not offered</i>	Selected osteoarthritis
Hyaluronic Acid	●●●●●	●●●●●	●●●●●	\$500–2,000/knee	<i>Not offered</i>	Selected knee osteoarthritis
Bone Marrow Aspirate	●●●●●	●●●●●	●●●●●	\$4,000–10,000	<i>Not offered</i>	Selected advanced osteoarthritis
Microfragmented Adipose	●●●●●	●●●●●	●●●●●	\$4,000–9,000	<i>Not offered</i>	Selected osteoarthritis
Umbilical Cord Products	●●●●●	●●●●●	●●●●●	\$4,000–8,000	<i>Not offered</i>	Investigational orthopedic use
Exosomes	●●●●●	●●●●●	●●●●●	\$3,000–8,000	<i>Not offered</i>	Investigational use
IV Stem Cell Infusions	●●●●●	●●●●●	●●●●●	\$7,000–20,000	<i>Not offered</i>	Experimental orthopedic use

Ratings shown as filled dots out of five.

Adjunctive Technologies

Treatment	Evidence	ROI	Our View	Typical U.S. Fee	GP Fee	Best Candidates
Medical Laser Therapy				\$50– 200/session	Not offered	Selected pain & soft-tissue conditions
Pulsed Electromagnetic Field				\$30– 150/session	Not offered	Selected pain & bone healing
Hyperbaric Oxygen				\$150– 400/session	Not offered	Selected medical & adjunctive use
Scrambler Therapy				\$150– 350/session	Not offered	Selected neuropathic pain
Electrical Neuromodulation				Variable	Not offered	Selected chronic/neuropathic pain

"Not offered" reflects our current clinical judgment, not the availability of a therapy elsewhere.

How we developed our recommendations.

This guide reflects a synthesis of peer-reviewed medical literature, specialty-society guidelines, physician clinical experience, and careful review of current evidence. When evidence was conflicting or limited, we intentionally adopted the more conservative interpretation to avoid overstating benefits.

Following the evidence, **wherever it leads.**

Our Commitment

Medicine continually evolves. We remain committed to following high-quality scientific evidence wherever it leads. As evidence changes, our recommendations may also change.

Physicians may reasonably differ in how they interpret emerging evidence, particularly for newer therapies. Our recommendations reflect our current interpretation of the best available evidence together with our clinical experience and practice philosophy.

At Great Physician Regenerative Medicine, we strive to treat every patient with the compassion, integrity, and wisdom exemplified by the Great Physician, Jesus, the One who heals.



GreatPhysician

REGENERATIVE MEDICINE

Movement. Function. **Quality of life.**

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