



PATIENT HANDOUT · REVISED JULY 2026

Core Treatments & Transparent Pricing

The therapies we recommend most, with clear, direct-pay pricing and no surprise bills.



Care that earns its place.

Every therapy below is judged on the benefit it delivers relative to its cost, safety, and durability, not on what it bills. **Great Physician fees are shown in green**, with the typical U.S. fee in the column beside them for comparison.

Service / Treatment	Evidence	Patient ROI	Our View	Typical U.S. Fee	Great Physician Fee	Visits
Initial Consultation	-	●●●●●	●●●●●	\$200-500/hour	30 min \$100 • 60 min \$200	1
Sleep Optimization	●●●●●	●●●●●	●●●●●	Included	Included	Ongoing
Exercise Prescription	●●●●●	●●●●●	●●●●●	Included	Included	Ongoing
Weight Reduction	●●●●●	●●●●●	●●●●●	Variable	Included	Ongoing
Anti-inflammatory Nutrition	●●●●●	●●●●●	●●●●●	Variable	<i>Not offered</i>	Ongoing
Physical Therapy	●●●●●	●●●●●	●●●●●	\$600-2,500/course	<i>Not offered</i>	6-12+
Red & Near-Infrared Light	●●●●●	●●●●●	●●●●●	\$30-100/session	\$25/session	8-20
Focused Sound Wave Therapy	●●●●●	●●●●●	●●●●●	\$300-700/session	\$100-300/session	4-8
Prolotherapy	●●●●●	●●●●●	●●●●●	\$300-1,000/region	\$200-500/region	2-6
Platelet-Rich Plasma (PRP)	●●●●●	●●●●●	●●●●●	\$700-2,000/region	\$700-1,000/region	1-4

Patient ROI (Return on Investment): expected patient benefit relative to financial cost, invasiveness, safety, recovery time, convenience, and durability. Ratings shown as filled dots out of five. "Focused Sound Wave Therapy" is known in the medical literature as extracorporeal shock wave therapy.

The Great Physician Promise

We will recommend the treatment we believe offers you the greatest expected benefit, not the treatment that generates the greatest revenue.

No codes. No surprises. **Just care.**

Because most regenerative treatments are not covered by insurance, we skip insurance billing entirely and price our care openly.

Transparent pricing

Clear fees before you decide, with no claims, no coding, and no unexpected bills after your visit.

Generous physician time

More time with Dr. Hric to build an individualized plan, every therapy performed by him personally.

Your best interest first

We recommend the least invasive, least expensive path that we believe will help, and say so when a treatment isn't worth your money.

Honest evidence

When the science is limited, we tell you, and we adopt the more conservative interpretation.

Our goal is simple: thoughtful, individualized medical care with transparent pricing, generous physician time, and no unexpected bills.



GreatPhysician
REGENERATIVE MEDICINE



Movement. Function. **Quality of life.**

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